

Pepperoni Pizza Pasta

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Ingredients:

- 4 ounces pepperoni cut into thin slices
- 1/2 pound ground spicy Italian turkey sausage (if you can find ground, use links but remove casings).
- 3 cups stemmed coarsely chopped kale
- 2 packs of "zoodles" (zucchini noodles found at Whole Foods)
- Favorite jarred tomato sauce
- 1 Tbsp tomato paste
- 2 tsp dried oregano

Method:

- Heat large pot over medium-high heat.
- Add pepperoni and cook for 2 minutes until browned. Remove with slotted spoon and set aside.
- Add sausage and kale to pot with a pinch of salt. Break up the sausage and cook for 5-7 minutes until cooked through and kale has softened.
- Add pepperoni, jarred tomato sauce, tomato paste and oregano back into the pot. Stir to combine.
- Add "zoodles" and simmer for 8-10 minutes.